

FAMILY AND CONSUMER SCIENCES

Family and Consumer Sciences provides all students with an opportunity to develop knowledge, skills, and understanding that can be applied to all phases of family life. Opportunities to develop career and vocational interests are also emphasized.

FAMILY AND CONSUMER SCIENCES COURSE DESCRIPTIONS

FOOD FOR TODAY (4201)

One Semester Credit 0.50 Weight 1.02

Prerequisites: This course is open to students in Grades 10-12.

Description: This course is designed for the student who wants to update their food preparation skills, and develop an understanding of kitchen management, the use of equipment, and current consumer issues about nutrition and today's food choices. This course will include laboratory experiences in baking and cooking of seasonal foods. Sanitation and safety in the kitchen are emphasized. Some catering experiences are included and careers in the food services industry are considered.

FOOD CHOICES (4204)

One Semester Credit 0.50 Weight 1.02

Prerequisites: This course is open to students in Grades 10-12.

Description: This course includes the principles of food preparation, the use of up-to-date kitchen equipment, and nutrition and health issues that affect food choices. Lab experiences include regional foods of America, adapting recipes to low fat cooking, choosing recipes that satisfy hunger and dietary needs, understanding the use of convenience foods in the marketplace and home prepared meals. Some catering is included and career opportunities are explored.

CREATIVE FOODS (4211)

One Semester Credit 0.50 Weight 1.02

Prerequisites: Prior successful completion of Food for Today or Food Choices is required.

Description: Creative Foods emphasizes planning, preparing, and serving foods for special occasions. International foods are also researched and prepared in class. Students are expected to develop greater technical skill and use more difficult recipes in this course. Some catering is included and career opportunities are explored.

FASHION TRENDS (4206)

One Semester Credit 0.50 Weight 1.02

Prerequisites: This course is open to students in Grades 9-12.

Description: Fashion Trends relates fashion design to the individual consumer and explores careers in the fashion industry with emphasis on Fashion Merchandising. Students will explore the elements and principles of design and how these relate to their own fashion sense. A study of designers and fashion trends helps in understanding the role fashion plays in history. An end-of-course project may be to design a marketing plan to promote a fashion product.

CREATIVE SEWING (4209)

One Semester Credit 0.50 Weight 1.02

Prerequisites: This course is open to students in Grades 9-12.

Description: Creative Sewing involves basic skills for fabric selection, pattern use, project construction, and use and care of sewing machines and equipment. Students will construct a project and are required to provide most materials. This course may be repeated once for an additional 0.50 credit.

CHILD DEVELOPMENT (4212)

Full Year Credit 1.00 Weight 1.02

Prerequisites: This course is open to students in Grades 10-12.

Description: Emphasis is on understanding the physical, emotional, social, and intellectual development of children from conception to age six with special emphasis on preschool aged children. Other topics include parenthood responsibilities, children with special needs, and the influence of the family on the developing child. Students plan for and participate in a nursery school. This course is intended for students considering careers dealing with children such as teaching, health careers, social and recreational work, and for those interested in learning more about children.

CHILDHOOD EDUCATION (TECH PREP) (4301)

Full Year Credit 1.00 Weight 1.04

Prerequisites: This course is open to students in Grades 11 and 12. Prior successful completion of Child Development is required.

Description: This course is designed to provide students with the information and skills necessary to work in early childhood education. Students will become acquainted with theories of development, curriculum evaluation, learning styles, and issues and trends in early childhood education. Exploration of other careers working with young children will also be investigated. Emphasis will be on preschool through early elementary aged children. Students are responsible for planning, conducting, and evaluating all aspects of the nursery school program.

EDUCATION PRACTICUM (4302)

One Semester Credit 0.50 Weight 1.04

Prerequisites: This course is open to students in Grade 12 with the recommendation of the Childhood Education teacher.

Description: The Education Practicum course is offered in conjunction with Independent Living. Seniors interested in the field of education, with two years experience in the Child Development/Childhood Education program, will assist in teaching independent living skills to students with special needs. This course may be repeated for additional credit.

INDEPENDENT LIVING (4101)

One Semester Credit 0.50 Weight 1.00

Prerequisites: This course is open to students in Grades 9, 10, 11, and 12 with the recommendation of the Guidance Department or a student's case manager.

Description: Independent Living is offered in conjunction with the Education Practicum course. The course is designed to improve the quality of life for students needing extra support in independent living skills. Topics include food preparation and nutrition, clothing, home management, child care, and interpersonal relationships. Independent Living may be repeated for additional credit.

INDEPENDENT STUDY IN FAMILY AND CONSUMER SCIENCES

Credit and weight by Arrangement

Prerequisites: Approval of Housemaster, Family and Consumer Sciences staff, and Guidance Counselor is required.

Description: Independent Study is offered to students who have successfully completed all other Family and Consumer Sciences courses in that area of study. It is an outcome-based program that is designed to provide students with the opportunity to extend their knowledge beyond the present curriculum. The student will work with a certified mentor teacher to set goals, state objectives, and develop time lines. The request for consideration must be submitted to the Independent Study Screening Committee for approval.